

Choose Breakfast and Lunch at School

- .. The Department of Food and Nutrition serves healthy meals daily, planned for our students to enjoy and to contribute to their health and achievement.
- .. FREE breakfast is available for all students at all schools daily.
- .. A variety of fresh and healthy menu choices are offered daily at breakfast and lunch.
- .. Students must select either a serving of fruit or vegetable for each meal.
- .. School menus are available at nutrition.dadeschools.net/menu.asp

Student Lunch Prices

	BREAKFAST	LUNCH
ELEMENTARY	No charge	\$2.25
SECONDARY	No charge	\$2.50

Reduced price lunch is \$0.40 at all grade levels.

How to Apply for Free or Reduced Price Lunch Benefits

Did you know your child may qualify for free or reduced price school lunch?

- .. Apply online at nutrition.dadeschools.net
- .. Applying online is fast and easy. You can even complete the application on your smart phone.
- .. Or request a paper application from your child's school.
- .. For further information or assistance with applying for a free or reduced price meal application, contact (786) 275-0400 ext. 5000.

.. If your child was eligible for free or reduced price lunch last school year, the eligibility is in effect until September 19, 2014 or until a new application is approved.

.. Households may apply for lunch benefits at any time during the school year.

Federal Income Eligibility Guidelines

U.S. Government Reduced Price Lunch Eligibility Scale

Household Size	Annual	Monthly	Twice per Month	Every Two Weeks	Weekly
1	21,590	1,800	900	831	416
2	29,101	2,426	1,213	1,120	560
3	36,612	3,051	1,526	1,409	705
4	44,123	3,677	1,839	1,698	849
5	51,634	4,303	2,152	1,986	993
6	59,145	4,929	2,465	2,275	1,138
7	66,656	5,555	2,778	2,564	1,282
8	74,167	6,181	3,091	2,853	1,427
For each additional family member add...					
	7,511	626	313	289	145

To apply, scan with QR reader app or go to:
freereducedmealapp.dadeschools.net



nutrition.dadeschools.net





Online Payments

- PayPAMS is the simple, safe and secure portal to pay for your child's meals.
- PayPAMS allows you to setup automatic payment plans, view account balances and history, receive automatic notification on balance status and more.
- Register at PayPAMS.com (Additional fees may apply).



Visit our website for more information:
nutrition.dadeschools.net



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Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-8136 (in Spanish).

USDA is an equal opportunity provider and employer.



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Miami-Dade County Public Schools Department of Food and Nutrition 2014-2015



Healthy eating habits promote high performance. We invite all students to fuel their day by choosing breakfast and lunch at school.

nutrition.dadeschools.net